ZDROWIE

ROZMOWA WSTĘPNA

- I. Which symptoms of the common cold do you hate most? Why?
- 2. What in your opinion is 'a healthy lifestyle'?
- 3. Have you or someone you know ever broken a bone? Tell us about it.
- 4. Would you like to be a doctor? Why? / Why not?
- 5. Why do people like watching TV series or films about doctors and hospitals?

PRZYDATNE SŁOWA I WYRAŻENIA

- I. sneezing, a runny nose you use hundreds of tissues and look awful, a cough — sometimes it's difficult to talk or even breathe, a headache — you can't concentrate on anything, a (high / slight) fever — you feel miserable and have to stay in bed
- **2.** physical activity, enough time to rest and relax, healthy diet with lots of fruit and vegetables, positive attitude to life
- 3. it happened to me / my brother, fell over while skiing / riding a horse, broke an arm / a leg / a collar bone, put into plaster, use crutches, have my arm in a sling
- 4. + help people, profession respected by most people, decent pay
 - great responsibility, have to work shifts, long and difficult studies
- **5.** (e.g. 'Dr House',' For Better For Worse') the process of healing is a bit magical, things we are afraid of fascinate us, shows contrast between private and professional life, good actors in it, interesting characters and situations

ZDROWIE

ZADANIE I

Wraz z kolegą / koleżanką przygotowujecie program akcji promującej zdrowy styl życia. Poniżej podane są cztery kwestie, które musisz uwzględnić w rozmowie z egzaminującym.



Rozmowę rozpoczyna zdający.

PRZYDATNE SŁOWA I WYRAŻENIA

Czas i miejsce akcji

at the weekend / on Friday / next week, at school, at the health centre, in different places in our town

Poruszane zagadnienia

smoking should be banned in all public places, change your diet — eat fewer sweets and more vegetables, be more active — take up sports

Sposoby przedstawienia zagadnień

posters, short films, banners, quizzes with some prizes, recipes for vegetarian meals, different sports competitions

Oczekiwane rezultaty

raise awareness of the importance of a healthy lifestyle, promote the ideas and show the possibilities, make people interested in the subject, find some sponsors to further promote a healthy lifestyle among schoolchildren and adults